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BRAND YOUR PASSION, MONETIZE YOUR TALENT



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Look at the list of **positive beliefs** and spend a few moments on each one and find evidence to support each belief.

WRITE THIS DOWN BELOW...

Now look at the list of **negative beliefs**.

Take the top three. The ones that really hold you back.

ASK YOURSELF:

1. What is this belief costing me on a daily basis?

Belief 1:

Belief 2:

Belief 3: